



# A Big Person's Guide to Celebrating!

Children's Week is an annual event celebrated across Australia around the 4th Wednesday in October every year!

Children's Week celebrates the right of every child to enjoy childhood and focuses attention on children, their rights and achievements.

Everyone can get involved, parents, aunts, uncles, neighbours, teachers, friends...

So here are 10 THINGS to plan in the 10<sup>th</sup> month of every year to CELEBRATE the special kids in your life!

**1** **PACK A PICNIC** and go find a grassy place in the shade and enjoy a picnic lunch. Stuck for picnic food ideas?

Go to [www.nswchildrensweek.org](http://www.nswchildrensweek.org) to find great recipe and games ideas and join our virtual picnic.

You can post a photo of your picnic on our facebook page.



**2** **PLAN A TREASURE HUNT**  
Think about the clues you can give and the treats that will be included.



**3** **ORGANISE A MOVIE AFTERNOON**  
Use the films/ recordings of the littlest people in your life, or share the old recordings of the big people when they were little!  
Don't forget to make popcorn, serve ice cream and dim the lights!



**4** **DECORATE YOUR HOUSE OR FRONT GATE** with balloons and signs. You can make your own bunting to hang. See our template at [www.nswchildrensweek.org](http://www.nswchildrensweek.org)

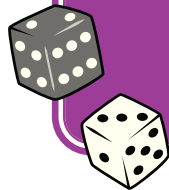
**5** **PLAN A FULL WEEK OF BEDTIME STORIES** about children or a full week of your favourite stories from childhood. Visit your local library for ideas and to borrow.



**6** **COLLECT CHILDHOOD PHOTOS OF ADULTS** that your children know and play a game of "Guess Who". Match the child to the adult. If playing all together, get each adult as they are matched correctly with their photo to share a favourite memory, game or funny story from their childhood.



**7** **GET OUT SOME FAVOURITE BOARD GAMES** and plan an evening in to play them. Better still, find your favourite board game from your childhood and play it with your favourite kids!



**8** **BAKE CUPCAKES TO SHARE** for your child's class or friends. Insert a Children's Week Flag in each of them. See our template to make these fun little flags on [www.nswchildrensweek.org](http://www.nswchildrensweek.org)



**9** **MAKE OR BUY A CARD & POST** to special children in your life. Children may want to make and send cards to friends, so have card making session for adults and children then go for a walk to post them. Don't forget to buy some stamps beforehand!



**10** **WRITE A LETTER TO A CHILD YOU KNOW** telling them what is so special about them. Remember to think of qualities about their personality and skills rather than physical attributes. Share your favourite memory of them and your wish for their future. If you like drawing or fancy yourself as a poet you can add more!



How will YOU celebrate Children's Week?



# Children'sWeek  
#Celebratechildhood

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